

CONTACT DETAILS

Please feel free to contact the researchers any time.

Dr Charlie Heriot-Maitland

Email:

charles.heriot-maitland@kcl.ac.uk

Tel: 0207 848 0217

Ms Karlijn Hermans

Email:

karlijn.hermans@kcl.ac.uk

Tel: 0207 848 0022



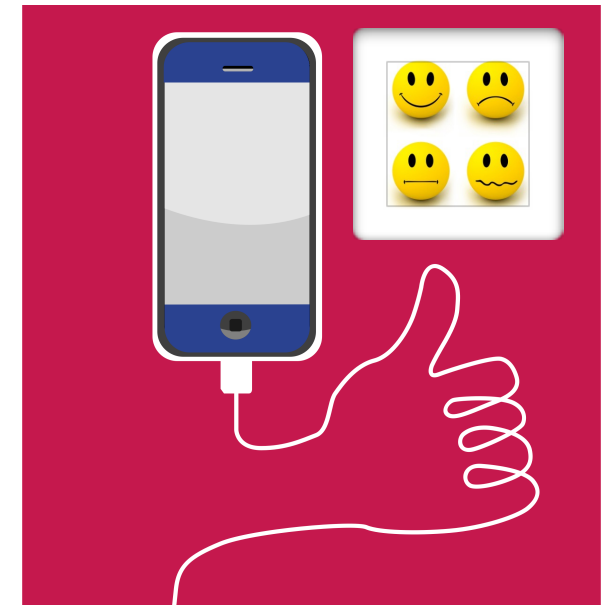
University of London

Recruitment leaflet

Version 1, 1st December 2015

Research Ethics Committee ref:

ANOMALOUS EXPERIENCES IN DAILY LIFE



A STUDY OF
ANOMALOUS
EXPERIENCES IN
DAILY LIFE

WHY THIS STUDY?

Many people describe having anomalous ('unusual') experiences, such as out-of-the-ordinary perceptions, hearing voices, or spiritual-like experiences. We are interested in the following questions:

- Do people's experiences go up and down during the day?
- Are experiences linked to what people are doing?
- Are experiences linked to how people are feeling socially?

These questions can only be answered by capturing snapshots of daily life. We will therefore give you a mobile application ('app') with question alerts to take home with you for a week.

USING AN APP TO MEASURE DAILY LIFE:
IT'S LIKE ANSWERING A TEXT MESSAGE

WHAT WILL IT INVOLVE?

- 1-hour meeting involving questionnaires about yourself and instructions for using the app
- 6 days back to back in which you will use the app to answer questions every day (each alert taking 2-3 minutes to complete)
- 15-minute meeting to see how you found the study and to pay you for taking part

At each beep, the app will ask questions about your current mood, experiences, how you are feeling socially, and what you are doing.

ARE WE LOOKING FOR YOU?

Please consider participation in our study if you are:

- having anomalous experiences on a regular basis
- over 18 years of age
- familiar with using simple mobile applications
- willing to participate in new research aiming to improve therapies

Participation in the study is entirely voluntary and we offer **£70** plus travel costs.

